

# THE MAYFLOWER AND THE ATLANTIC COLONIES

Boston, Massachusetts to Portland, Maine

Portland, Maine to Portsmouth, New Hampshire

Portsmouth, New Hampshire to Plymouth, Massachusetts

Plymouth, Massachusetts to Newport, Rhode Island

Newport, Rhode Island to New York, New York

New York City, New York to Philadelphia, Pennsylvania

Philadelphia, Pennsylvania to Richmond, Virginia

Richmond, Virginia to Virginia Beach, Virginia

Virginia Beach, Virginia to Wilmington, North Carolina

Wilmington, North Carolina to Charleston, South Carolina

Charleston, South Carolina to Savannah, Georgia

Savannah, Georgia to Charlotte, North Carolina 2 hours and 15 minutes/112 miles

1 hour/52 miles

2 hours and 15 minutes/97 miles

1 hour and 30 minutes/66 miles

4 hours/182 miles

2 hours/95 miles

4 hours and 45 minutes/255 miles

2 hours/107 miles

4 hours and 30 minutes/289 miles

3 hours and 30 minutes/176 miles

2 hours and 15 minutes/108 miles

3 hours and 45 minutes/252 miles



#### **BOSTON, MASSACHUSETTS**

Day 1

Explore one of the oldest cities in the USA, **Boston**, established in 1630 as part of the Massachusetts Colony. Follow The **Freedom Trail**, starting at **Boston Common**, the USA's oldest city park, and encompassing 16 of Boston's key historic sites. Along the trail, visit **King's Chapel Burying Ground**; the **Old South Meeting House**, an integral piece to the Boston Tea Party; and one of the oldest public buildings in the USA, the **Old State House**, site of the Boston Massacre, a catalyst in 1770 for the Revolutionary War with England, and now a museum. Finish the tour at **Faneuil Hall**, which played a crucial role in events leading to the Revolutionary War, although its primary use was a market hall; it's still open today. This afternoon, explore **Boston Harbor**, where you can re-enact the **Boston Tea Party** at the **Boston Tea Party Ships & Museum**. Dine overlooking the Boston Harbor at **The Barking Crab** – the lobster roll is a must.

Accommodation: Boston, Massachusetts

### BOSTON, MASSACHUSETTS TO PORTLAND, MAINE

2 hours and 15 minutes/112 miles

Day 2

Leaving Massachusetts, head northwest to what was the New Hampshire Colony. Pass through Londonderry, named after the Irish city and known for producing fine linens. Continue to **Dover**, stopping at the **Woodman Museum** to see its collection of Colonial artifacts and historic buildings. After entering Maine, drive about an hour to Portland, one the state's oldest settlements, established in 1632 along Casco Bay. Stroll Congress Street to view the Cleeves and Tucker Memorial honoring early settlers, the city's past names -Machigone, Casco and Falmouth - and present-day Portland. Admire spectacular views across Casco Bay of the Portland Breakwater Lighthouse, known as the Bug Light, as you walk along Eastern Promenade Trail through Fort Allen Park to Fore Street and the Waterfront Historic District. Enjoy dinner at Scales, known for its local seafood. Try the Maine mussels, clams and oysters.

Accommodation: Portland, Maine





## PORTLAND, MAINE TO PORTSMOUTH, NEW HAMPSHIRE

1 hour/52 mile

Day 3

Returning south today, drive along the spectacular **Maine** coast and visit towns and villages that were once fishing stations and settlements born in the 1600s to harvest the vast seafood stocks. **Old Orchard Beach** and the **Harmon Museum** are great places to stop to explore the history of the town. Farther south is **Cape Porpoise**, a small fishing village that once serviced fleets of fishing vessels along the Maine coast. At the **Brickstore Museum** in downtown **Kennebunk**, explore the town's storied history, then visit Dock Square in the heart of **Kennebunkport**. Shop at boutiques and galleries and enjoy lunch at one of the patio cafes before heading

south to **Portsmouth, New Hampshire**. At what was once Puddle Dock at the original seaport site is **Strawbery Banke Museum**, an outdoor museum with over 30 buildings that encompass historic homes, displays, and activities of the region. Explore downtown Portsmouth, strolling **Congress and Daniel streets** before dining at **Black Trumpet**, a waterfront bistro in the historic port.





### PORTSMOUTH, NEW HAMPSHIRE TO PLYMOUTH, MASSACHUSETTS

2 hours and 15 minutes/97 miles

Day 4

Return to **Massachusetts** and visit **Salem**, notorious for its witch trials in 1693. **The Witch House** museum is the only building still standing that is linked to the trials. South of **Boston** in **Quincy** is the **Old House at Peacefield** in **Adams National Historic Park**, birthplace of John Adams and John Quincy Adams, the second and sixth presidents of the USA, respectively. Proceed to **Plymouth**, the first permanent Puritan settlement and the landing site for the Mayflower in 1620. Visit **Pilgrim Memorial State Park**, home of **Plymouth Rock**, where the Pilgrims stepped ashore. See a replica of the Mayflower and explore **Plimoth Plantation**, a recreation of the 17th-century settlement. Before dinner, stroll the downtown historic district and see the **National Monument to the Forefathers** commemorating the Mayflower's Pilgrims. At **Shanty Rose**, eat seafood and enjoy a casual atmosphere and fantastic bay views.

Accommodation: Plymouth, Massachusetts

# PLYMOUTH, MASSACHUSETTS TO NEWPORT, RHODE ISLAND

1 hour and 30 minutes/66 miles

Day 5

Formerly known as Providence Plantation, the state of Rhode Island became a popular destination for people seeking religious freedom in the mid-1600s. Today, the smallest state in the USA offers nature, culture and incredible coastal views. In Providence, visit Benefit Street, a steep hillside that runs from the riverfront to **Brown University**. View some of **Providence's** most historic and grand homes. **Newport**, settled in 1639, became the largest of the four first settlements in the Providence Plantations colony and one of the country's major trading ports, gaining a reputation as a haven for pirates. Because of its mild summer climate, Newport also became a resort destination for the wealthy from the Caribbean and Carolinas looking to escape the summer heat. While famous for its magnificent estates built in the 1800s, it also has a vast colonial history to explore. Start at **Washington** Square in the Historic District, then go to Historic Hill and Bowen's Wharf, a shopping and entertainment experience in Newport's historic waterfront neighborhood.

Accommodation: Newport, Rhode Island



### NEWPORT, RHODE ISLAND TO NEW YORK, NEW YORK

4 hours/182 miles

Day 6

Before leaving **Newport**, head to **Ocean Drive** for 10 miles of spectacular views of **Narragansett Bay**, the magnificent **Newport Estates**, **Fort Adams State Park** and the Atlantic Ocean. Cross the bay and follow the scenic highway to **Old Saybrook**, one of the oldest shoreline towns in **Connecticut**. After a short drive along the coast, reach **New Haven**, settled in 1638 as part of the **New Haven Colony**. The **New Haven Museum** is the perfect place to explore the history of the region, from the colony's birth as a puritan village to the thriving city of today. Stroll **New** 

**Haven Green**, the center of the original town, next to the **Old Campus**, the oldest part of **Yale University**. Eat at the nearby **Louis' Lunch**, famous for its burger – it's the only item served. Continue along the coast of **Long Island Sound** to **New York City**, home to iconic sights such as the **Empire State Building**, **Statue of Liberty**, **Central Park**, renowned museums many other marvelous venues showcasing the city's history.

Accommodation: New York, New York



#### NEW YORK, NEW YORK

Day 7

In Lower Manhattan, explore some of the city's oldest streets and the waterfront. Visit St. Paul's Chapel, where the first U.S. president, George Washington, prayed after his 1789 inauguration. Wall Street, named after the wall constructed by the Dutch to keep the British out, and home to Federal Hall National Memorial, was the site of Washington's inauguration and the USA's first Capitol Building. Explore Battery Park, where New York City began as a Dutch settlement in 1625. Take in breathtaking views of New York Harbor and the Statue of Liberty. Visit the National Museum of the American Indian across from Battery Park inside the Alexander Hamilton U.S. Custom House. Next to the museum is Bowling Green, the oldest public park in Manhattan. Take a short walk to the cobbled Stone Street, one of Manhattan's oldest streets. Stroll Pearl and Water streets before heading uptown to the New-York Historical **Society** at **Central Park West**; it's one of the best places to explore New York City history. Head back to Lower Manhattan for dinner at **Delmonico's**, famous for steaks and giving the world baked Alaska.

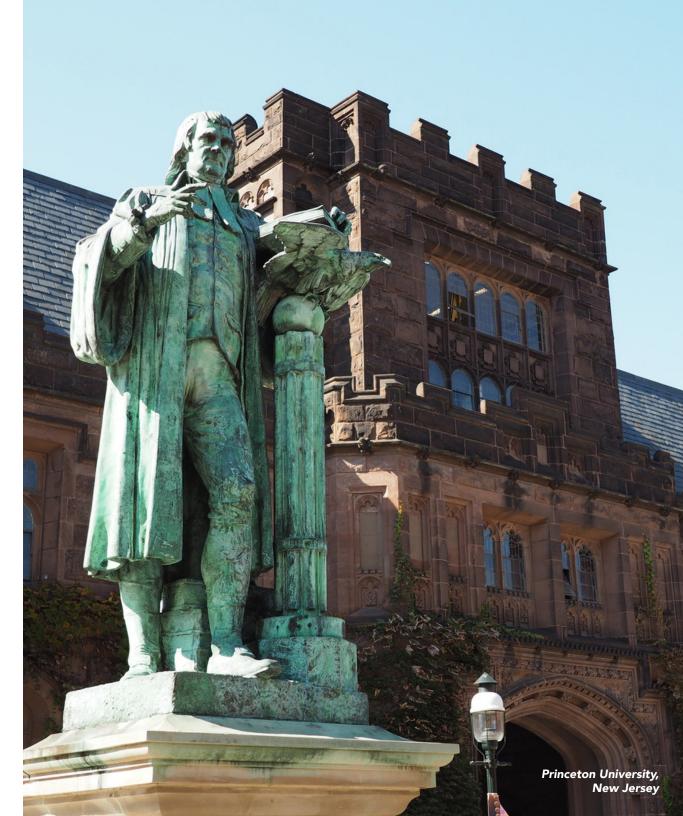
Accommodation: New York, New York

#### NEW YORK, NEW YORK TO PHILADELPHIA, PENNSYLVANIA

Day 8

Leave the **Empire State** and enter **New Jersey**, named for the British Isle of Jersey. Princeton, on Kings Highway midway between New York City and Philadelphia, is home to one of the USA's oldest colleges, Princeton University, which was established in 1746. Walk around downtown and explore Bainbridge House and Nassau Hall, the largest building in New Jersey when it was built in 1756. Morven Museum and Gardens served as the New Jersey governor's mansion for many years and now showcases the state's history. Order your meal at Nassau Street Seafood & Produce Co. - try the oyster po'boy or fish and chips – and enjoy lunch outdoors while exploring **Princeton**. After a 15-minute drive, stop in **Trenton** and visit the **Old Barracks** Museum. Originally used to house British troops, the museum now brings the history of **New Jersey** and the colonial era to life. Depart Trenton and enter Pennsylvania, founded by William Penn. Its first settlement was Philadelphia, one of the USA's largest cities during colonial times and the nation's capital from 1790 to 1800.

Accommodation: Philadelphia, Pennsylvania





#### PHILADELPHIA, PENNSYLVANIA

Day 9

Start a tour of Philadelphia at Independence National Historical Park, home to Independence Hall, the Liberty Bell and the First Bank of the United States Building. Take a picture with the Liberty Bell and visit Independence Hall, where both the U.S. Constitution and the Declaration of Independence were drafted. Philadelphia's Historic District includes the Old City and Society Hill neighborhoods and is a hub of unique restaurants, boutiques and art galleries. City Tavern, an excellent stop for lunch, has a colonial vibe with traditional food and servers in period dress. After lunch, explore the Museum of the American Revolution, then head to Society Hill to view the area's many 1700s-era buildings. On the way, stop at Penn's Landing, where William Penn first set foot on American soil. Housed in the Old Original Bookbinders restaurant building is the Olde Bar, a great place to dine. Try the local seafood, especially raw or friend oysters, and signature cocktails.

Accommodation: Philadelphia, Pennsylvania

#### PHILADELPHIA, PENNSYLVANIA TO RICHMOND, VIRGINIA

4 hours and 45 minutes/255 mile

Day 10

Travel south from **Philadelphia** into **Delaware** through **Wilmington** to **New Castle**. This beautiful riverside town with its cobblestone streets keeps much of its colonial charm. Explore **The Arsenal** and **New Castle Court House Museum** while strolling the city's alleys and streets. Depart to **Maryland** and its capital, **Annapolis**, on the **Chesapeake Bay**. Visit the **Maryland State House**, where George Washington resigned from the military. Continue to **Richmond**, the capital of **Virginia** that was originally named after Queen Elizabeth I, the "Virgin Queen." Walk along Monument Avenue, home to many memorials, statues and beautiful buildings, then stroll the **Church Hill** neighborhood, where Richmond was founded in 1737.

Accommodation: Richmond, Virginia



#### RICHMOND, VIRGINIA TO VIRGINIA BEACH, VIRGINIA

2 hours/107 mile

Day 11

About an hour from **Richmond** are **Williamsburg** and **Jamestown**, towns that were earlier capitals of **Virginia**. In Jamestown, the first English settlement in the country, visit the **Cape Henry Memorial**, which commemorates where the early colonists arrived. Learn about the settlers' lives at the **Jamestown Settlement**, a living history museum. Take the **Colonial Parkway**, a scenic byway linking Jamestown and **Yorktown** to Williamsburg, which was founded as the capital in 1699. In Williamsburg, chat with people in period costume as you explore beautifully restored buildings, including the **Governor's Palace**. Take the **Colonial Parkway** 

to Yorktown, where a battle effectively ended the war for independence. Explore the **American Revolution Museum**, home to an army encampment and other historical exhibits. Depart to Cape Henry, now part of **Virginia Beach**, where the first settlers made landfall. At the Cape Henry Memorial Cross, see the historic site where they came ashore. Take a relaxing walk along the Virginia Beach boardwalk before dinner.

Accommodation: Virginia Beach, Virginia







#### VIRGINIA BEACH, VIRGINIA TO WILMINGTON, NORTH CAROLINA

4 hours and 30 minutes/289 miles

Day 12

Travel south along the spectacular Atlantic Coast onto **Roanoke Island** in the **Outer Banks** of **North Carolina** and home to one the greatest mysteries from the Colonial era. Established in 1587 by Sir Walter Raleigh, it was found abandoned in 1590 with no trace of the colonists who settled there.

Continue the coastal drive to **Wilmington**, **North Carolina**, nestled between the Atlantic Ocean and the **Cape Fear River**. Walk through the **Historic District** and along the **Riverwalk**. See **City Hall** and the **Bellamy Mansion**, then eat dinner at one of the many restaurants overlooking the river.

Accommodation: Wilmington, North Carolina

## WILMINGTON, NORTH CAROLINA TO CHARLESTON, SOUTH CAROLINA

• • • • • • • • • 3 hours and 30 minutes/176 mile

Day 13

Continue along the Atlantic coast into **South Carolina**. Cargo ships became the primary form of transportation of goods headed to the south, and these waters were a favorite destination for pirates such as Blackbeard and Anne Bonny. The stretch of shoreline from **Little Beach** to **Georgetown**, known as the **Grand Strand**, is strewn with coves and inlets; local lore suggests the pirates hid treasure in the region's marshes and islands. At the heart of the Grand Strand is **Myrtle Beach** and its pristine beaches. Farther south, find Georgetown, an important port during the colonial period. Explore the **Harborwalk** and **Old Market Building** with its famous clock tower, then enjoy lunch with a view at one of the many Harborwalk restaurants. Next, go to **Charleston**, formerly Charles Town, the state's first settlement in 1670 and named in honor of King Charles II. Charles Town became one of the most important export ports in the colonies.

Accommodation: Charleston, South Carolina



### CHARLESTON, SOUTH CAROLINA

Day 14

Explore Charleston's Waterfront Park and Historic District, starting by viewing artifacts and exhibits at the South Carolina Historical Society Museum. The Old Slave Mart Museum, in a historic building that was the site of slave auctions, tells the slaves' story and how they figured in the South's growth and wealth. One of Charleston's oldest buildings is the Old Exchange and Provost Dungeon, rumored haunted and now a museum featuring tales of pirates, slaves and

Southern women. After lunch, drive to **Middleton Place National Historic Landmark House and Museum**; the former rice plantation is home to the oldest landscaped gardens in the USA. Enjoy dinner at **Husk Restaurant** and experience authentic Southern food.



#### CHARLESTON, SOUTH CAROLINA TO SAVANNAH, GEORGIA

2 hours and 15 minutes/108 mile

#### Day 15

Travel south through **Beaufort**, originally called Fishtown because of its fishing industry, and **Port Royal**, the original destination for ships landing at Charles Town. Cross the **Port Royal Sound** to **Hilton Head Island**, once home to many cotton plantations and now a resort destination. A short drive from Hilton Head Island and across the state border is **Savannah**, the last of the 13 colonies that is now the state of **Georgia**. Savannah, which is Georgia's oldest city, features 22 beautiful squares. The city's Historic District includes **Chippewa Square** and a statue of British Gen. James Oglethorpe, the colony's founder. Explore **River Street** and enjoy dinner overlooking the water.

Accommodation: Savannah, Georgia

#### SAVANNAH, GEORGIA TO CHARLOTTE, NORTH CAROLINA

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#### **Day 16**

Head back to **North Carolina** to **Charlotte**, known as the "Queen City" and named after the wife of King George III. To explore the diverse history of the region, visit the **Charlotte Museum of History**, on the site of the **Hezekiah Alexander Homesite**, built in 1774 and still standing as the oldest building in Mecklenburg County, named after the queen's German homeland.



